Preventive screenings for men and women vary throughout their lives. See below for age/gender recommendations.



Women

Men

Everyone

Mammograms	Based on family history	Yearly at age 45	Yearly until 54: every two years for age 55+	Every two years	Based on individual cancer risk
Pap Smear	Every 3 years	Every 3 years	Every 3 years	Only if history of abnormal results after 65	Only if history of abnormal results
Pelvic Exam	Yearly	As recommended	As recommended	As recommended	As recommended
Clinical Breast Exam	Every 1-3 years	Yearly	Yearly	Yearly	Yearly
Prostate Exam	_	Based on individual risk, family history	Offered yearly; based on recommendation	Offered yearly; based on recommendation	Offered yearly; based on recommendation
Testicular Exam	Yearly	Yearly	Yearly	Yearly	Based on Physician recommendation
Colonoscopy	Based on individual risk, family history	Every 10 years after 45	Every 10 years	Every 10 years	Every 10 years
Annual Physical	Yearly	Yearly	Yearly	Yearly	Yearly
Blood sugar	Overweight patients with a risk for prediabetes	Overweight patients age 45+	Offered yearly based on recommendation	Offered yearly based on recommendation	Offered yearly based on recommendation
HIV Infection	Offered yearly; based on HIV risk	Offered yearly; based on HIV risk	Offered yearly; based on HIV risk	Offered yearly; based on HIV risk	_
Lung Cancer	_	_	One time if history of smoking	One time if history of smoking	One time if history of smoking
Hepatitis C	_	_	One time if born between 1945-65	One time if born between 1945-65	One time if born between 1945-65
Skin Cancer	Once for patients under age 24 with fair skin	Offered yearly; based on risk	Offered yearly; based on risk	Offered yearly; based on cancer risk	Offered yearly; based on cancer risk