

# Healthy Classic Chicken Salad



6



20 min



25 min



Difficulty

## INGREDIENTS

- 2 lb. chicken breast, cooked and shredded
- 1 1/2 cups halved red grapes
- 1/2 cup chopped pecans
- 1/3 cup diced green onion
- 1/2 cup plain greek yogurt
- 1/2 cup mayonnaise
- 1/4 cup dijon mustard
- 1/2 teaspoon dried sage
- 1/2 teaspoon smoked paprika
- 1/4 teaspoon garlic powder
- 1-2 tablespoons fresh lemon juice
- Salt and pepper to taste

## INSTRUCTIONS

1. Add shredded chicken, red grapes, pecans, and green onions to a large bowl.
2. In a small bowl, add yogurt, mayo, mustard, sage, smoked paprika, garlic powder, lemon juice, salt, and pepper. Whisk together.
3. Add the liquid mixture to the chicken bowl.
4. Stir everything together until it is completely combined.