

Menu of Additional Lab Tests:

(not included in standard blood panel ~ available for an additional cost)

PSA: \$40

Prostate-specific antigen is a protein produced by the prostate gland that can be used as a disease or tumor marker. Use of the PSA along with a digital rectal exam is recommended in men age 50 and older as a prostate cancer screen, even if asymptomatic. Prostate enlargement, inflammation, and infection may also cause elevations. Discuss any elevation with your doctor.

Vitamin D: \$39

Vitamin D helps the body control calcium and phosphate levels. Deficiencies may cause weak, soft bones. Few foods in nature contain vitamin D. The flesh of fatty fish (e.g. salmon and tuna), and fish oils are among the best sources. Fortified foods provide most of the vitamin D in the American diet. Sunlight and supplements are other sources.

Thyroid Panel: \$38

The thyroid gland takes iodine found in many foods and converts it into thyroid hormones. Every cell in the body depends upon thyroid hormones for regulation of their metabolism. Blood samples measure the amount of thyroid-stimulating hormone (TSH) in your bloodstream. TSH that is elevated is considered indicative of hypothyroidism. TSH that is below normal is considered evidence of hyperthyroidism.

Hemoglobin A1C: \$25

This is a measure of your blood sugar control over several months. It is used to screen for diabetes as well as estimate how well-managed a diabetic is over time. Levels between 5.7%-6.4% could indicate prediabetes. A high A1C (6.5% and above) increases the risk of diabetes complications such as eye, heart, and kidney diseases, nerve damage and stroke.

Colon Health Kit: \$6

A take home test that detects hidden blood in the stool, an early warning signal of colorectal disease. Abnormal results should be shared with your physician.

hs-CRP: \$32

Also known as High-sensitivity C-reactive Protein, this is a marker of inflammation, a process that can affect a number of organ systems. Most studies to date have focused on heart disease, but new research shows that having CRP in the high normal range may also be associated with other diseases such as colon cancer, complications of diabetes, and obesity.

Blood Type: \$22

Determines your blood type. There are four major blood groups determined by the presence or absence of two antigens – A and B – on the surface of red blood cells: A, B, AB, and O. A has only the A antigen on red cells (and B antibody in the plasma). B has only the B antigen on red cells (and A antibody in the plasma). AB has both A and B antigens on red cells (but neither A nor B antibody in the plasma). O has neither A nor B antigens on red cells (but both A and B antibody are in the plasma) and is considered a universal donor type.

Testosterone: \$30

Testosterone is the principal androgen in men. Testosterone testing is used to evaluate androgen excess or deficiency related to gonadal function, adrenal function, or tumor activity. Testosterone blood test levels may be helpful in men for the diagnosis of hypogonadism, hypopituitarism, Klinefelter syndrome, and impotence.

CA-125: \$65

Sometimes used to help detect ovarian cancer in people identified as being high risk.

Self-Pay Screening Fee: \$50

For participants not covered by company plan, but who want to pay out-of-pocket for screening.

**We accept EXACT cash/checks ~ Visa and Mastercard
No flex spending accounts accepted (but we can provide receipts)**